

**4507 W. 213th St ,  
Fairview Park, OH 44126  
440-356-3506/FAX 440-356-3529**

**40th ANNUAL  
FAIRVIEW WARRIOR RELAYS  
FRIDAY, APRIL 13TH, 2018**

# **RUNNING EVENTS**

## **5:00 PM (Girls before Boys in all running events)**

**4X200 M RELAY:**            **200-200-200-200- (BLACK, BLACK, YELLOW)**  
**(LANES ALL THE WAY)**

**JV MEDLEY:**            **400-200-200-400 (LANES BLUE, BLACK, BLACK, BLUE)**  
**(LANES ALL THE WAY & BREAK IN ON THE LAST 400)**

**1600 M RUN**            **3 PER SCHOOL (MAX)**

**SPRINT MEDLEY:**        **100-100-200-400 (LANES /WHITE, YELLOW, YELLOW, BLUE)**  
**(BREAK IN ON THE LAST 400)**

**3200M RELAY (4 X 800):** **(WHITE)ALLEYS TO 300 (cone) (GREEN BREAK LINE)**

**SHUTTLE HURDLES:**    **30" (1 & 3 NORTH; 2 & 4 SOUTH) ON TIME**  
**\*TWO FLIGHTS OF 4 TEAMS**

**400 M RELAY (4 X 100):** **YELLOW-YELLOW-YELLOW-YELLOW (JV & Var. sent to zones together)**

**DISTANCE MEDLEY:**    **800-400-1200-1600 (800 ALLEYS BREAK AT 300 (Cones) (GREEN)**

**JV C-MEDLEY:**            **(800-400-400-800) ALLEYS TO 300 (GREEN)**

**1600 M RELAY (4 X 400):** **3 TURN STAGGER (BLUE EXCHANGE)**

**40th ANNUAL FAIRVIEW WARRIOR RELAYS**  
**FRIDAY, APRIL 13, 2018**  
**GENERAL INFORMATION**

1. All current Federation and State Rules will apply.
2. WARRIOR RELAYS WILL BE “FAT” TIMING. ENTRIES WILL BE DONE ON LINE AT BAUMSPAGE. (INSTRUCTIONS ATTACHED).
3. KEEP your coaches and parents in the stands.
4. Locker rooms will NOT be available so instruct your athletes to stay out of restricted areas. Restrooms will be available at the north end of stadium.
5. Our track is all-weather. 1/8” spikes please.
6. NO TAPE, CHALK OR MARKS ARE PERMITTED ON ANY SURFACE. Tennis Balls, Tongue Depressors or FACSIMILES ONLY.
7. NO practice or camps on the football field.
8. NO spikes in the aluminum bleachers.
9. Tickets to all adults/students will be \$5.00.
10. Shirts will be on sale by the concession stand for \$10.00.
11. Lane assignments will be in your packet.
12. Scoring will be 10-8-6-4-2-1 for all varsity RELAY events and 6-5-4-3-2-1 for JV events. For VARSITY placers, plaques and ribbons for all first places and ribbons for 2nd - 6th. For JV placers, medals and ribbons for first and ribbons for 2nd - 6th.
13. All teams, large and small, will score together with a trophy awarded for the high team in each division.
14. JV events are designed for 9th-10th graders or anyone who otherwise would not be in the meet.
15. THE HIGH JUMP ALONG WITH THE POLE VAULT WILL START @ 3:00. ALL OTHER FIELD EVENTS WILL START @ 4:30. RUNNING STARTS @ 5:00.
15. Field Events: All schools will supply their own implements.  
If you have any questions, call Rich Friel at FHS, 440-356-3500 or at home,

### Online Entry Instructions - Track

Please use the **Online Entry Form** at [www.baumspage.com](http://www.baumspage.com) to submit by entries before the entry deadline.

**The entry window will close precisely at the time listed in your information!  
Submit your "intended" roster early! Return anytime before the deadline to make changes!**

**1. Entries must be submitted using the Online Entry Form at [www.baumspage.com](http://www.baumspage.com)!**

- a. If you are not a "computer user" find an assistant, student, parent, or friend who is!
- b. If someone else enters your data, **please review the printed data and confirm the accuracy!**
- c. The system is secure! Only you, the webmaster, and meet officials will see your data!

**2. You will need an account to submit data using Baum's Page Online Entry System!**

- a. **If you already have an account**, login and use • **Coaches** • | **Select Teams** to claim your school and team.
  - i. If you forgot your **Password**, click the **Forget your password** link on the **Login** page to request a new one.
  - ii. Multiple sports, levels, and genders can all be included on one account!
- b. **If you are a "first time" user, please create your account early!** \*See #2 below!
  - i. If there is a problem creating an account, you may need to temporarily disable a "firewall", change the Internet security setting in your web browser, or try a different computer!
  - ii. If your school is not included in the list of schools or someone else is already "associated" with your school and team, click the **Help** link and submit a request. Please allow up to 8 hours for a response!

**3. The actual data entry is a multi-step process:**

- 1. Use • **Coaches** • | **Select Teams** to claim your school and team.teams.

2. Use • **Coaches** • | **Track** | {**Select your Team**} | **Modify Athletes** to enter your athlete's names and grades into the database.
  - You may enter them one at time or paste your complete roster from an Excel file.
  - To paste from Excel use four fields - **first name**, **last name**, **grade**, and **number** \*.
    - \*The OHSAA requires all schools to assign and use competitor numbers on the uniform.
    - Numbers will be required for district tournament entry, but may be added later.
3. Use • **Coaches** • | **Track** | {**Select Team and Available Event**} | **Submit Rosters** to enter athletes into their events.
4. Click **Submit Roster** to submit your entry form.
5. Click **Get Printable Roster** to print a copy for your records.
4. **Data will be stored** so it may be edited and submitted for other meets that use **Baum's Page** for entries!

**To enter roster online:**

1. Go to [www.baumspage.com](http://www.baumspage.com), follow links to Track. the specific meet, and the [Online Entry Form](#).
  - a. Or click [Online Entry](#) or [Login](#) at the top of **Baum's Page**.
  - b. Make sure entries are submitted before the posted entry deadline!
2. **If you do not have an account**, click on [Apply](#).
  - a. Enter the **Account Holder's Name**, an active **E-mail Address**, and a **Password**.
    - i. Use either the coach's e-mail address or the coach's designee!
    - ii. If you do not have an e-mail account, use the e-mail address of a friend or someone who will give you messages that are sent to the e-mail address.
    - iii. **Enter E-mail address and Password twice!** \*Write them down and use for all future logins
  - b. Enter your **Work** and **Home** phones. \*If unlisted, enter unlisted or none.
  - c. Select your **School** and **Sport** from the drop-down menus. \***Boys/Girls or HS/MS Track** are separate!

- i. If you coach both HS and MS, enter one and use the **Add/Drop Teams** link to add the others!
  - ii. If your school is not listed, click the **Help** link and submit a request that it be added!
- 3. **If you have an account**, click on **Login** and enter your **UserID** and **Password**!
  - a. Use • **Coaches** • | **Select Teams** to claim your school and team.
    - i. If you coach both Boys and Girls (or HS and MS), add each team separately.
    - ii. If **Association already exists for a user**, click the **Contact Us** link and submit a request.
  - b. Use • **Coaches** • | **Track | {select your team} | Modify Athletes** to enter your **roster**!  
 \*Return at your convenience to edit it.
    - i. Type all names in upper and lower case. \*Please check all entries carefully!
    - ii. OHSAA member high schools must also enter the competitor number!
    - iii. Colleges and middle schools may leave the number blank!
  - c. Use • **Coaches** • | **Track | {Select your team & Event} | Submit Rosters** to submit entries for a meet.
    - i. Select the **correct meet** from the **Event** "drop-down" menu.
    - ii. **To enter contestants in individual events:**
      - a. **Select the athlete** from the drop down menu and **enter the Competitor's Mark**.
        - i. For time use 1 or 2 decimal places depending in whether the time was manual or not.
          - a. Examples: 1:07.4, 10:12.5, 53.54, 14.52, etc. **\*No blank spaces!**
        - ii. For height or distance, enter feet in the text box, then inches with decimal for fractional inches.
          - a. Examples: 6 ft. 3.25 in., 143 ft. 7 in., 21 ft.10.5 in., etc.
    - iii. **To enter a Relay Team:**
      - a. **Fill-in the Mark** and **select the four anticipated relay members** in the expected order they will run.

- i. **For entry purposes, list the four athletes that you expect will compete.** Relay Cards will be used as always!
  - b. Relay members may be changed but must be designated prior to competing for the first time!
  - d. Click **Submit Roster** to save your entries, then click **Get Printable Roster** to print a copy for your records. **What you see is what will be processed!**
- 4. If there are errors or an athlete is missing, use **Modify Athletes** to make the correction and use **Submit Rosters** to submit entries again.
- 5. **Event Rosters for a meet can only be submitted or corrected while the "Entry Window" is open!**
  - a. **Submit Event Rosters** early and return to make changes **anytime before** the window closes.
    - i. The window closes automatically **precisely at the time and date** listed!
    - ii. Entries **cannot** be edited or **submitted online after the window closes!**
- 6. For some track meets there will also be an **Online Scratch/Substitution Form**.
  - a. The form will only be available from the time the entry window closes until the until **"Scratch/Substitution"** deadline!
  - b. Please note: Only scratches and substitutions may be submitted on this form! **Meet entries will not be accepted!**

**If there are any problems with the Online Form, click the [Contact Us](#) link and submit a Help Request! Please allow up to 8 hours for a response. For immediate help call Gary Baumgartner at 513-594-6154 or Terry Young at 740-517-0195.**